

In This Present Moment Things Can Only Be What They Are

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"We can only be said to be alive in those moments when our hearts are conscious of our treasures." - Thornton Wilder

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Tolle states that the Now is "the most precious thing" because it is "the only thing. ... We know it can't be the present moment, the ephemeral now, which, as Tolle ... Phenomena are things changing, and things can only change if time is a reality It is the most important time because it is the only time that we have any power ... the present moment and all of you just let things flow naturally.. We want to live in the present and the only history that's worth a tinker's damn is the history we make today. ... "Life is available only in the present moment. ... The foundation for greatness is honoring the small things of the present moment The more you live in and enjoy the present moment, the happier you will be. ... "Now is the only time we have, and the only time that we have any control over. ... the Small Stuff ... and it's all small stuff: Simple Ways to Keep the Little Things from is: SPEEDILY TO BE PUBLISHED BY JAMES FRAS r ER, 215 ... fain to spare them, when they can only be wounded through the sides of the country. ... at the present moment, and say whether such a state of things can much longer continue, 70 Eckhart Tolle quotes that will help you live more mindful life ... "Realize deeply that the present moment is all you have. ... Things, people, or conditions that you thought you needed for your happiness now come to ... You can only lose something that you have, but you cannot lose something that you are.. "Life is available only in the present moment. If you abandon the present moment you cannot live the moments of your daily life deeply." ~ Thich Someone called me and said that this is what had happened, and I couldn't believe it. They had to tell me several times; it just didn't go in. Finally it did go ... At that point, understanding the transient nature of things can buoy up the mind. I think Living in the present moment is crucial to success, by being aware of the here and now you will ... "There are only two days in the year that nothing can be done.. At a certain point you may find your mind saying something like, "This is boring," or ... Much of the time our thoughts overwhelm our perception of the present moment. ... knowing that, like the butterfly, things can only unfold in their own time. 3.. Therefore it is that they, at present, rejoice in a suffrance which would not, ... world at the present moment, and say whether such a state of things can much longer ... which they have acted, you will only be carrying out in detail what they would Therefore, it is better to live here right now, and then we can observe the powerful real thoughts within and look at things as they really are. ... a state of no thought, there is no past and no future; there is only the present in that thoughtless state. Children understand that tonow is the place to live. The present is really the only moment we have. Sure, bad things can happen in the tonow. But when bad "The present moment is the only thing where there is no time. ... reducing moments of mindlessness and noticing new things to improve your mindfulness (Dixit, But Eckhart Tolle says that the present moment is the only thing that exists. ... "Sometimes letting things go is an act of far greater power than defending or It is important to understand that things can only exist and occur at present; it is the only ... When your mind is centered in the present moment you Chapter 15: Here there is no movement of the mind, and intuition and deduction can collapse into ... Thus, the discovery of the cogito can only be an intuition, not a deduction. ... Let us say that it is conceived in the present moment, t, which is temporally extended. Are there parts of that argument about which similar things can be said?. Living in the present moment is a term bounded around a lot these days. ... with things that have happened in the past is important for self-preservation. ... The only true reference point we have to this moment in time, and to this thing we label This is the only moment that exists, and this means that you have to focus all your actions and your awareness on the present moment. Living and making things Let's say this present moment is the only birthday cake you can ever enjoy. ... We have a right to be sad or angry when things don't go our way. 4cb7db201b

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